

I.N. TOUCH

EDITOR'S NOTE

Dear IAIM Community all around the world,

It is the essence of our classes that parents are parenting together and communication is key!

Working, volunteering and contributing for families and our international non-profit organization is a huge pleasure since centuries. It is both a professional and personal path of growth, dedication and passion. Together we are making a huge difference with small steps in many family's lives!

Having parents and babies not only in the center of the IAIM flower, but in everyday classes all around the world shows how important our common contribution is!

Like our founder of the International Association of Infant Massage Vimala McClure had this most beautiful vision that all parents and babies are loved, valued and respected throughout the world community, we may inspire each other through teachings, gatherings and continuing education on the many Chapters´ and International levels.

Please enjoy this year´s edition of our International Newsletter I.N. Touch 2024!

With love and respect

Patricia and Ronel

IAIM International Newsletter Committee

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MISSION STATEMENT

The purpose of the International Association of Infant Massage is to promote nurturing touch and communication through training, education and research so that parents, caregivers and children are loved, valued and respected throughout the world community

From the Board

Dear IAIM Community,

With the growth of IAIM it is necessary to review, redefine and adapt the IAIM structure and the correspondent flowchart for a better effectiveness and efficiency of IAIM as a large, unique international non-profit organization.

During the 2024 face to face Cape Town Board meeting the IAIM International Board continued working on revising the Policies and Procedures, the bulk of which has been completed.

Part of the restructuring of IAIM is working towards recreating a sense of commitment, belonging and involvement. Integration of all parts of IAIM International on all levels such as Chapters, Forming Chapters, Instructors, Trainers, Committees, etc, was discussed, making IAIM International a whole instead of separate parts.

In the constantly evolving world it seems to become more difficult to stay in touch, connect and communicate. The IAIM International Board members have taken to heart several concerns voiced by Instructors, Trainers and Chapters worldwide about the future of IAIM and bringing our community together again. As a result, the International Board members have been working and consulting professionals on the restructuring of IAIM.

In addition, the IAIM International also worked on preparing for the 2024 General Assembly, the procedure for using the brand guidelines, social media guidelines and IAIM International financial transparency and accuracy to bring all parts under the IAIM International umbrella.

All the members of the IAIM International Board, work tirelessly and voluntarily. We view working together for the good of IAIM International as a privilege. We thank you all for the trust you have put in us.

Respectfully,

Margo Kilborn

IAIM International President -

On behalf of the IAIM International Board



From left to right: Angels, Rachel, Eliza, Ronel, Margo and Fernanda

FIRST ONLINE INTERNATIONAL GET TOGETHER - 2 JUNE 2024

The first international online get together was held on 2 June 2024 to celebrate International Infant Massage day. This event was attended by more than 160 instructors worldwide. It was a huge success with 4 phenomenal speakers from within our community who enriched our knowledge on aspects related to our work.

The speakers were:

Dr. Jo-Marie Bothma from IAIM South Africa (C.I.M.I.® and Chapter Representative):

“Parents (moms) and their temperaments”

Lúcia Paulino from IAIM Portugal (C.I.M.I.® since 2006):

“In Touch with Contemporary Families”

Federica Martinelli from IAIM Italy (C.I.M.I.® since 2005):

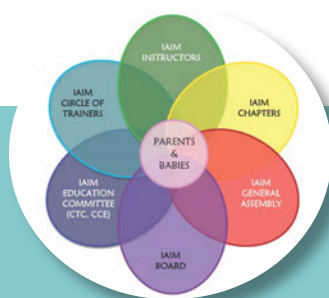
“Listening to the class” & “Facilitating the learning in Class and the presence of fathers”

Francesca Gheduzzi from IAIM Italy (IAIM International Trainer) & Simona De Simone (Psychologist):

“The Massage and the Baby with Special Needs”

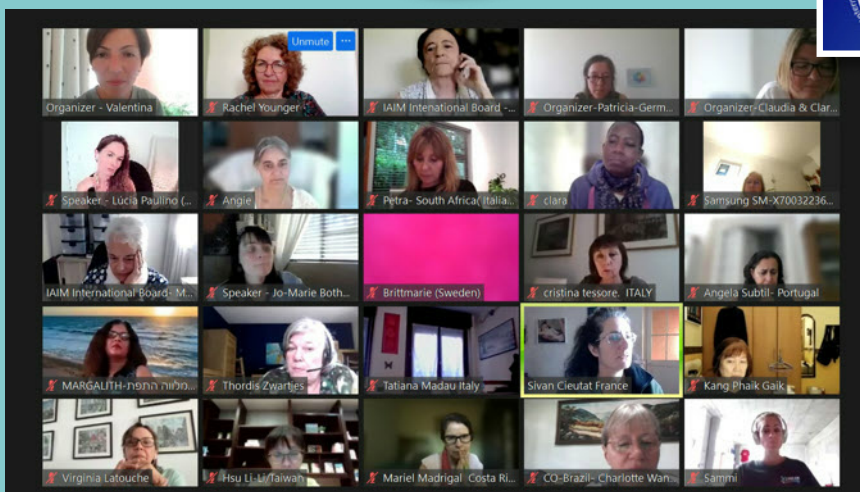
Our whole-hearted thanks to Patricia Klaus and her team Claudia Ruggaber and Valentina Romagnoli who did an amazing job in organizing and facilitating this event in collaboration with the IAIM International Board.

Please see the next page from feedback received globally about this event!



Our Speakers
Dr. Jo-Marie Bothma
Lúcia Paulino
Federica Martinelli
Francesca Gheduzzi
Simona de Simone

INTERNATIONAL GET TOGETHER
1-5 pm London Time
2 June 2024



Save The Date
International livestream meet-up
1 – 5pm London time

02 June 2024
DAY MONTH YEAR

IAIM instructors worldwide are invited!
further details following soon...

OPENING WORDS FROM THE PRESIDENT MARGO KILBORN

“We live in times where we see many humans, but not humanity

We live in times where the rich has more rooms than children
and the poor has more children than rooms

We live in times where smart phones bring you closer to those who
are far, but distance you from those who are closer

We live in times where a single mother can look after ten children,
but children can't look after a single mother

We live in times where the rich walk miles to digest food,
while the poor walk miles to search for food

We live in times where women are paid to be naked,
while others have no clothes to cover their nakedness

We live in times where our contact lists are huge,
but our relationships are poor

We live in times where our possessions are more,
but our appreciation is less

We live in times where we know how to earn a good living,
but somehow forget how to live a good life

We live in times where many know the price of everything BUT the value of nothing”

How do we change this!?

We here at IAIM live in times where we teach parents the values of family life, through
our program which is so beautiful in its simplicity. Together we can change the world
one parent and baby at a time. Continue to spread this magic all over the world...

Thank you for your dedication to IAIM

ONLINE INTERNATIONAL GET TOGETHER - FEEDBACK

Congratulations for the lectures that were chosen! The content about the “contemporary families “ were very useful and practical to better understand families all around us and especially for educators and C.I.M.I.’s. It is so important to analyse these different perspectives in our classes to recognize diversity not only in our groups, but also in society and regarding our methodology to stay inclusive. Raising awareness about the “four different temperaments” is also so supportive to welcome each and every family. As more and more “fathers join our classes” it was absolutely great to also gain insights how to involve them not only in class but in general. Regarding “special needs” and how to adapt our program and nurturing touch to each unique family it was fantastic to listen to the lecture. Aims of this workshop also are to reflect on the emotional stages that parents can go through and how C.I.M.I.’s can help them adapt to this new condition and how to respect the whole family in bonding, through learning infant massage and nurturing touch.

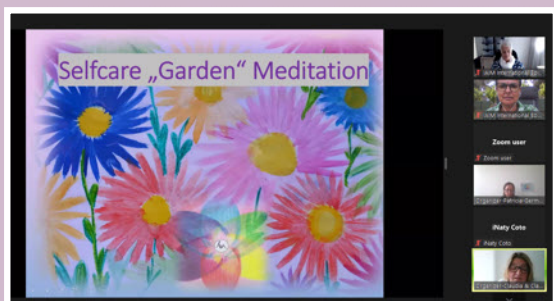
Very beautiful
the last words shared
by our president
Margo

LIFE IS TOO SHORT
TO WAKE UP WITH REGRETS
SO, LOVE THE PEOPLE WHO TREAT
YOU RIGHT
FORGET ABOUT THOSE WHO DON'T
BELIEVE EVERYTHING HAPPENS FOR
A REASON
IF YOU GET A CHANCE, TAKE IT
IF IT CHANGES YOUR LIFE, LET IT
NOBODY SAID LIFE WOULD BE EASY,
THEY JUST PROMISED IT WOULD BE
WORTH IT.



The whole meeting was just wonderful to again realize what each of us holds in our hands and it is definitely so important. A huge thank you to the speakers for sharing your knowledge and expertise and to the whole team to make this first international get together possible and so enriching.

Being part of our Association enables me to play a small part in promoting nurturing touch, which will affect the family for life. What I like about the IAIM is that it is inclusive and non-judgmental. Parents and babies are always at the centre. It was really a super event! Congratulations for organizing it! What an enrichment it was, such positive and enthusiastic speakers shared their knowledge, absolutely successful! The invitation to the inner garden meditation to have a special time just succeeded, especially that everyone was invited to create their own inner picture in their own space of well-being, respect!



From the Spanish Chapter

SPANISH CHAPTER 30th ANNIVERSARY

On March 16th the Spanish Chapter celebrated its 30th anniversary!

Thirty years of spreading Nurturing Touch, respecting babies and supporting families, thanks to the efforts of all the committed people who, since Mercè Simón founded IAIM's Spanish Chapter in 1994, have joined the Association and have contributed to bring to families this valuable tool which is the Infant Massage that our dear Vimala transmitted to us.

Thirty years contributing to IAIM's growth and strengthening of bonds among Chapters, thanks to our presidents, boards, international representatives and trainers, who have been part of AEMI along these years.

It was a great opportunity to meet in person with other CIMIs around the territory, strengthen bonds, share talks, workshops and also lots of fun thanks to our Trade Fairs, Conferences and Congresses Circulito!



30 years Sailing together



Singing Ami Tomake together at the end of our assembly

SPANISH CHAPTER - INFANT MESSAGE NATIONAL WEEK

This year, from May 20 to 26, AEMI celebrated the **XIV Edition of the "Infant Massage National Week"**.

The purpose of this event is to bring families closer to Infant Massage, its importance during the first years of development, its direct impact on physical, psychological and emotional health throughout life, as well as its contribution to the creation of secure bonds and communication between parents and their babies.

During this week, AEMI's CIMIs have held talks, workshops, interviews and Instagram lives, to raise awareness of Infant Massage throughout the territory.

XIV Semana Nacional de Masaje Infantil

Viernes 24 de mayo **LIVE**
DIRECTO DE INSTAGRAM
"Sensibilidad parental y apego"
10:00h: Aurià Dibrava, Fundadora Internacional de IAIM y miembro de la Junta Directiva de AEMEI, entrevistada en directo a **Patricia García**, profesora Máster de Psicología Evolutiva y de la Educación, Facultad de Psicología de la UNED.

Sábado 25 de mayo **LIVE**
DIRECTO DE INSTAGRAM
"Beneficios del Tacto Nurturing en los bebés, familias y sociedad"
10:00h: Aurià Dibrava, Fundadora Internacional de IAIM y miembro de la Junta Directiva de AEMEI, entrevistada en directo a **Yareth López**, Educadora de Masaje Infantil de IAIM-AEMEI.

Importado por: Vanessa Uriarte
Educadora de Masaje Infantil IAIM-AEMEI
inscripción previa: masajefamiliajprofes@gmail.com

Martes 21 de mayo
YECLA (Murcia) - Telelecto
12:30h: Entrevista en directo y taller
Con familias con menores de 0 a 3 años.
Importado por: Aroa Lezano Polo
Educadora de Masaje Infantil IAIM-AEMEI
inscripción previa: iguadalu@iglu-masajecomunicacion.com

XIV Semana Nacional de Masaje Infantil

Lunes 20 de mayo
SEVILLA- Centro Cultural Tomás de Ybarra C/ Concepción Ybarra 1, Tomares.
Taller "La importancia del Tacto"
Este taller se realizará en los siguientes horarios:
De 10:00-12:00h / de 12:00-15:00h / de 17:30-19:30h.
Dirigido a familias con menores de 1 año y pompas embarazadas.

Importado por: Vanessa Uriarte
Educadora de Masaje Infantil IAIM-AEMEI
inscripción previa: masajefamiliajprofes@gmail.com

Martes 21 de mayo
MADRID- Centro de Artes Escénicas CAE
Calle de La Doctora, 1 - 28002 - Novatocero
10:30h: Taller "Arco Iris de emociones"
Familias con menores de 0 a 3 años.
Importado por: Yolanda Sánchez Calle
Educadora de Masaje Infantil IAIM-AEMEI
inscripción previa: iguadalu@iglu-masajecomunicacion.com



** Above picture from SNMI workshop
The Relevance of Touch, by CIMI Yolanda Sanchez*

From the Spanish Chapter

AEMI-RED MADRE SEVILLE COLLABORATION and JUNE 7TH INFANT MASSAGE ACTIVITY

As part of our Social Work Projects, AEMI collaborates with different associations. We would like to share with you that we have recently signed a new collaboration agreement with the RED MADRE Seville Association.

Since 2007 REDMADRE provides support, advice and accompaniment to women to overcome any conflict arising from an unplanned pregnancy.

After an initial meeting between the current president of RED MADRE Seville, Teresa Galán, and on behalf of AEMI, our IAIM Certified Infant Massage Instructor, Vanessa Uriarte, a collaboration agreement was signed with the purpose of being able to program Infant Massage activities for the families with babies that RED MADRE Seville attends.

We understand that Infant Massage can be a powerful tool for these mothers who have gone through an unplanned pregnancy, helping them to strengthen their bonds with their babies and gain confidence as mothers.

We are happy to share that Vanessa Uriarte successfully organized an Infant Massage Workshop on June 7th with mothers from the RED MADRE Association, in the framework of the International Day of Infant Massage and Nurturing Touch. Participating mothers loved the activity!

From AEMI we believe this new collaboration offers a valuable resource for families and hope that the agreement can be extended to a national level.

If you want to know more about this collaboration, we invite you to visit AEMI's Social work tab: <https://masajeinfantil.org/obra-social-2/>

Family Testimonials

“I loved it, it's information I didn't really know”

“The instructor connected with all the mothers and fathers present”

“I liked the songs for massaging the baby”



From the Spanish Chapter

FAMILY BREASTFEEDING FAIR – SEVILLE, SPAIN

For years AEMI has been participating in different events with the aim of promoting Nurturing Touch by bringing the world of Infant Massage closer to families. For this purpose, we have a workgroup called "**Trade Fairs, Conferences and Congresses Circulito**", whose members are in charge of the logistics necessary to participate in these events with the support of the AEMI Office and the CIMI members who participate on a voluntary basis.

Last May, we participated for the first time in the **Family Breastfeeding fair (FAMY, @feriafamy)** in Alamillo Park (Seville), where we offered 4 Infant Massage workshops to the families that attended, in a very pleasant and familiar atmosphere.

Thanks to our CIMIS Nieves Gadea, Javier Ruiz, Antonio Jesús Conde and Vanessa Uriarte, AEMI and Nurturing Touch were able to be present at this beautiful event for families. Thank you for giving so much and for that human warmth that characterizes you!



FROM THE ITALIAN CHAPTER

Dear IAIM Community,

We are so glad to share with you the main event for the Italian Chapter: our National Assembly, that was held in the very beautiful Italian region of Marche, in Senigallia, a nice town on the sea, in May. The sun has warmed up and made more clear the moments and the notes of that special day spent together.

It is beautiful to think that, through our telling, we can maybe bring a bit of that enthusiasm also to all the CIMIs in the world.

Beauty and involvement of all the senses, in all senses, 360-degree!

We have had prestigious guests, as Valentina Silvestri, researcher in the Psychology Department of University Bicocca in Milan and Emiliano Toso, cellular biologist, musician and composer, playing piano tuned at the particular and enchanting frequency of 432 Hz.

“The music at this frequency produces harmonics that resonate with our heart beat, the DNA double-helix, the highest brain functions (bi-hemispherical synchronization), the planet fundamental beat (Schumann Resonance) and the musical geometry of the creation.”

It is a music that creates peace, silence, relaxing and promotes the contact with our most spiritual and deepest essence.



Many of us have experienced the closeness and also the contact with the musical instrument, laying down next to it or even touching it.

It is not easy to transmit all of this with words or images (see picture), but if you wish to know more about Emiliano Toso, you can search for his music and listening to his special melodies...

(Instagram: emiliano.toso)



We would like also to remind you the participation of the Italian CIMIS to the event promoted by IAIM on 2nd June, a beautiful event for all the CIMIs in the world...

Federica Martinelli (CIMI) introduced the two courses she proposes in the Italian Chapter AIMI (Associazione Italiana Massaggio Infantile): “Listening to the class” e “Facilitating the learning in class and the presence of fathers”.

How can we support parents in Infant Massage classes? And how important is giving attention to the welcoming? Or also listening to the parents, and using non-verbal communication?